

## "Keep learning. It keeps you young!" Jack Canfield

"A slack hand causes poverty, but the hand of the diligent makes rich."

Proverbs 10:4 ESV

## Ask Yourself the Hard Questions to Move Forward!

1.	Am I willing	to take 100%	responsibility	for where 1	am right now?
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2. What is your end goal? The "thing" you want to produce or accomplish?

3. What is your "Why?" Why are you doing what you're doing?

4. What are you willing to give up temporarily to get what you want?

5. Who are you willing to submit to and associate with that is where you want to be?

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6. What questions would you ask them?

7. Are you willing to admit you don't know it all? Are you willing to humble yourself and take their advice to be where they are? What does that look like to you? Are you willing to take their advice to be better?

8. What are you going to do with the information they give you? Ask yourself, "Is it going to improve my shelf-life or my self-life?"

9. What action steps - with dates - are you going to take to make your goal a reality?

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10. What is scaring you? What are you afraid of? What is causing you fear? Identify your fear, write it down, and do the work anyway! Yes, YOU CAN DO IT!

11. What am I going to do today to improve myself?

12. What successes can I celebrate today?

13. When things get tough and I want to quit, will I preserver to make my goal a reality? What do I need to do to be persistent?